

Planetary Wellbeing

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Natural Recipes for Gum Remover

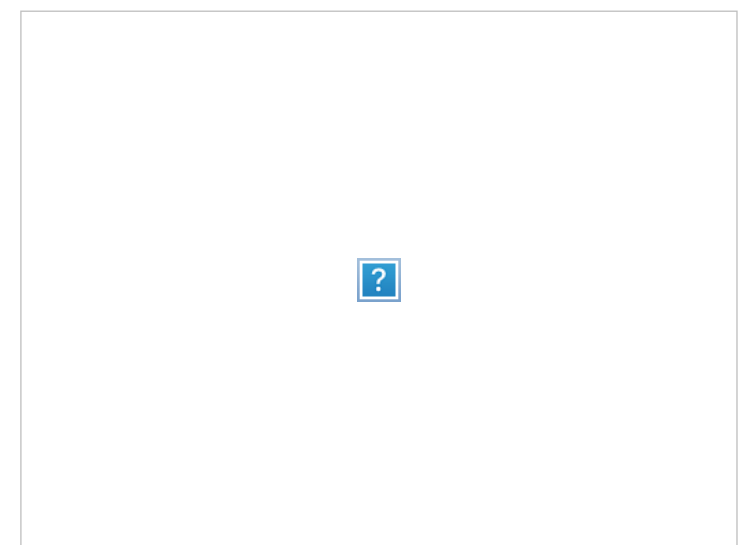
Gum stuck in carpeting, clothing, or hair can be quite a problem; however, using products that contain harsh chemicals to remove gum causes even bigger problems to your health and the environment. Our all natural recipes for gum remover will remove the gum without sticking you with serious health problems. Then check out our other [homemade green cleaning recipes](#) for more eco cleaning solutions.

Quick Facts: Health Hazards of Common Gum Removers

- **WD-40 contains petroleum distillates (naphtha):** This chemical can contribute to nervous system damage with prolonged exposure, as well as kidney, eye, and skin damage with short-term exposure.
- **Turpentine:** This ingredient in many store bought furniture polishes has many negative effects on the body due to the fact that it is an eye, nose, throat, and respiratory irritant. It can also cause nausea, dizziness, headaches, and coughing.

DIY Green Cleaning Recipes for Gum Remover

1. **Peanut butter natural gum remover:** Peanut butter contains natural oils that work well to remove the stickiness in gum. Rub peanut butter into the gum with a wet cloth, and the gum will come off into the cloth. Wash area with mild soap or detergent to remove peanut oils.
2. **Ice as a gum remover:** For gum stuck to fabrics, hold a piece of ice to the gum for a few minutes. The gum will harden and you can then break it apart to remove it.
3. **Eucalyptus oil gum remover:** Put a few drops of eucalyptus oil onto the gum and then rub off with a damp cloth. If an oily residue remains, wash the area with a mild soap or detergent.
4. **Mineral oil or olive oil gum remover recipe:** Place several drops of mineral oil or olive oil on a damp wash cloth and rub the gum spot until it loosens and comes off. Then wash the area with a mild detergent or soap to remove and oily residue.



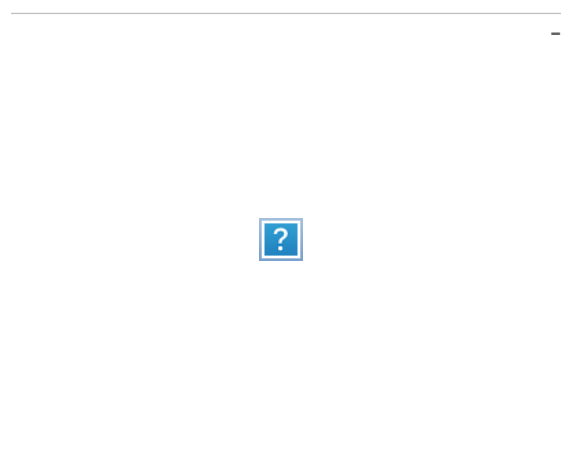
Dig Deeper: Chemicals in Typical Gum Removers

- Petroleum distillates: [Healthy Child Healthy World](#).
- Turpentine: [National Institutes of Environmental Health Sciences](#).

Image by [mrsdkrebs](#)

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