

## Planetary Wellbeing

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## Recipes for Natural Powdered Laundry Detergent

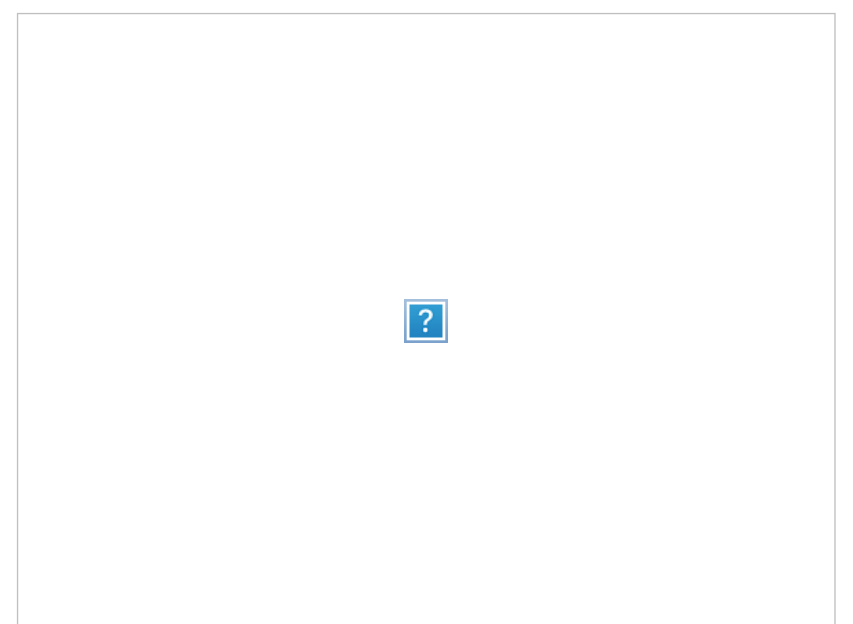
Clean laundry is important, but so is protecting your family's health. Store bought powdered laundry detergents contain toxic chemicals. Our [homemade green cleaning recipes](#) provide you with options for natural powdered laundry detergents that are safer and more eco-friendly.

### Quick Facts: Common Powdered Laundry Detergents

- **Acetone:** This common chemical is connected with kidney and liver damage, harm to fetuses in the womb, and skin and eye irritation.
- **Sodium laureth sulfate:** This is a potential cancer-causer and will irritate your eyes and skin.
- **Sodium hypochlorite (bleach):** [Avoid bleach](#) to create a green, healthier household.
- **1,4 dioxane:** This chemical is linked to kidney, liver, blood, nervous system, and skin toxicity.

### DIY Green Cleaning Recipes for Powdered Laundry Detergent

1. **Borax, washing soda, baking soda, and castile soap powdered laundry detergent:** Grate 2 bars of castile soap and put in a large container. Add 1 cup baking soda, 1 cup washing soda crystals, and 1 cup borax. Mix with a large spoon or spatula. Break up any clumps with hands. Use 1/4 cup per load.
2. **Castile soap, borax, and washing soda powdered laundry detergent:** Grate 1 bar of castile soap into a container. Add 1 cup washing soda crystals and 1 cup borax. Stir to blend, breaking up any clumps with hands. Use 1/4 cup per load.
3. **Baking soda, borax, and castile soap powdered laundry detergent.** Grate 2 bars of castile soap into a large container. Add 1 box (16 oz.) baking soda, and 2 cups borax. Mix to blend; break up any large clumps with your fingers. Use 1/4 cup per load.
4. **Vinegar, baking soda, castile soap, and washing soda powdered laundry detergent.** Pour 1/4 cup liquid castile soap into a bowl. Add 1 1/2 cups each baking soda and washing soda crystals and blend. Measure 1 cup white vinegar and slowly add to other ingredients. It will bubble, and the mix will become powdered after stirring for several minutes. Use 1/3 cup per load.



### Dig Deeper: Chemicals in Typical Powdered Laundry Detergents

- 1,4-dioxane: [Science Lab](#).
- Acetone: [Canadian Centre For Occupational Health and Safety](#).
- Sodium hypochlorite: [Delaware Health and Social Services](#).
- Sodium laureth sulfate: [Chemtrade International](#).

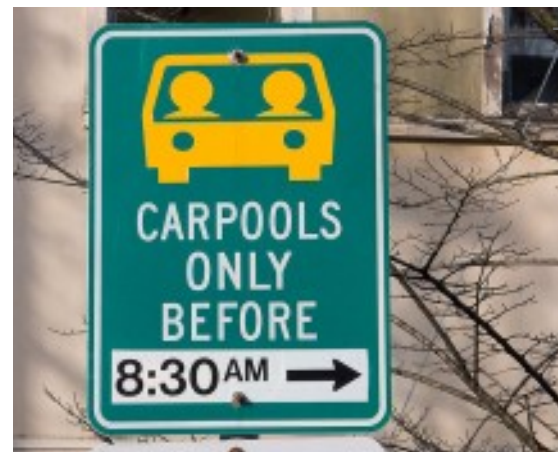
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