

Planetary Wellbeing

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Recipes for Natural Window Cleaner

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Most people don't enjoy washing their windows, and using store bought window cleaner makes the chore dangerous as well as unpleasant. Store bought window cleaners contain ingredients that are toxic which is why **homemade green cleaning recipes** are a healthier alternative. Use our all natural window cleaners instead to protect your health while you clean your windows.

Quick Facts: Health Hazards of Common Window Cleaners

- **Ammonia:** In addition to lung and eye irritation, ammonia can cause headaches, liver and kidney damage, and is a potential carcinogen.
- **Butyl cellosolve:** An irritant to eyes, nose, and throat; can also cause liver and kidney impairment; irritation to skin if spilled.
- **Methanol:** If sprayed in eyes, it can damage the optic nerve.

DIY Green Cleaning Recipes for Window Cleaner

1. **Vinegar and water window cleaner:** For hard to remove spots, apply undiluted white vinegar to the spot and rub with a cloth. For general window cleaning, fill a spray bottle with equal parts water and white vinegar and spray on windows.
2. **Borax window cleaner:** Mix 2 tablespoons borax in 2 cups of water and put in a spray bottle. Spray on windows and wipe clean. Use equal parts white vinegar and water for a streak free rinse if necessary.
3. **Cornstarch and vinegar window cleaner:** For large areas or to clean all windows in your home, combine 1 gallon of water with 3 tablespoons of cornstarch and 1/2 cup white vinegar.
4. **Lemon juice window cleaner:** Put 1 tablespoon lemon juice in a spray bottle full of warm water; spray on windows and wipe dry.
5. **Castile soap and vinegar window cleaner:** In a spray bottle, combine one cup of water, 1/2 cup liquid castile soap, and 3 tablespoons white vinegar. If a residue remains, spray a mixture of equal parts white vinegar and water to rinse.

Dig Deeper: Chemicals in Typical Window Cleaners

- Ammonia and other window cleaner toxins: [National Institutes of Health](#).

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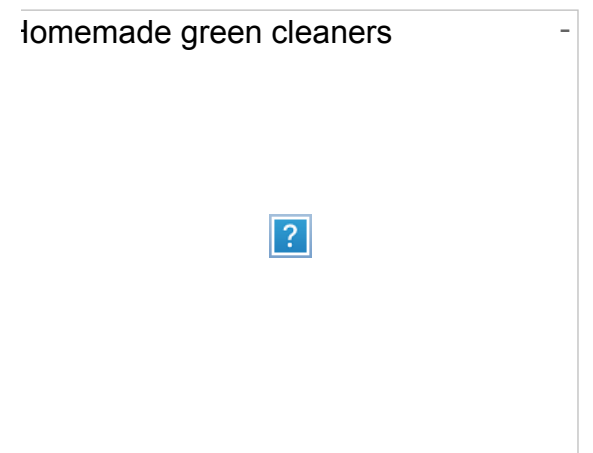
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